

Vol: 43 - No 26
Sunday 28th March 2021
Palm Sunday



Dear Members and Friends & Trinity at Bowes



May I start on a positive note and remind you that the clocks *spring* forward this weekend! I think we have other reasons to be cheerful (and hopeful); we are seeing the transition from winter to spring and soon we should see more and more cherry blossom trees in their full glory. Additionally, if most of the population adhere to the lockdown rules in force now, we could soon be frolicking and gambolling like lambs, as restrictions are lifted gradually.

Well, for some in a more experienced age group, our gait will be at a more sedate pace but nonetheless life will have fewer constraints.

Eastertide events like Passion Sunday, Palm Sunday and Good Friday will mark our steps towards the Resurrection Day, and hopefully divert our attention from depressing statistics. Already, items on radio, television and the newspapers seem to be more upbeat in my opinion.

People are making tentative plans about what to do as restrictions are lifted. Similarly, from these Newsnotes and other announcements, you will notice that TaB is gradually easing up with a view to a return to full 'normality'.

Please be patient in the knowledge that the seemingly slow progress is for our collective good.

Don't forget to change your clocks this weekend!

Regards

Charles



LECTIONARY REFLECTION



Blessed is the one who comes in the Name of the Lord

Mark 11: 1—11; Psalm 118: 1– 2, 19 – 29; Isaiah 50: 4 -9 Philippians 2: 5 - 11

By Theo Hercules

IMAGINE; We are in Jerusalem and it is Sunday, the first day of the week, and the word is going around that Jesus will be coming to Jerusalem later today. There was never a mention of Palm Sunday. A huge crowd have gathered and are excited by the news. Many had come early to Jerusalem from throughout the entire region for the Passover. The greatest festival in the Jewish calendar. The price of everything from food to accommodation had increased. Many are now out on the street awaiting his arrival from Bethany, where he was staying with Mary, Martha and also Lazarus, whom He had raised from the dead.

Suddenly there is a great commotion, with shouting and singing and there is a large crowd of followers. Inflamed with joy and jubilation they are waving palm branches, and shouting "Hosanna in the highest heaven" Mark 11:10. "Blessed is the one who comes in the name of the Lord" Ps 118:26. Such a spectacle as never before seen in Jerusalem. However, amid this fanfare Jesus arrives. Everyone wants to see or hear him.

This prophet: Jesus, with His fame of healing and teaching and the raising of Lazarus was the reason for some of them coming to Jerusalem this year. The waving of the palm branches, the spreading of garments on the roadway and his triumphant entry into Jerusalem on a donkey showed him as a king humble and peaceful. This is the first Palm Sunday. Recall how the prophet Zachariah foretold of his coming: "*Rejoice greatly, Daughter Zion! Shout, Daughter Jerusalem! See, your king comes to you, righteous and victorious, lowly and riding on a donkey, on a colt, the foal of a donkey*". Zachariah 9: 9

How will we go out to meet Jesus today? Will we be shouting, waving and singing? It is Palm Sunday, just one year after we were first placed in "Lockdown" in March 2020; following the outbreak of the Covid-19 pandemic, we are can still proclaim Jesus King of kings, and Lord of lords. His healing power and His grace will be sufficient for us all. For on that first Palm Sunday, He alone knew that in just five more days he will be on a cross crucified in an act of ultimate sacrifice to save us all.

On the heels of Palm Sunday, as we begin this Holy Week, may we be reminded constantly of its significance and value for our lives today. That very important day in history, when Jesus began His journey from Bethany to Jerusalem towards the cross for all humankind. Let us take these steps with Him and be jubilant to the King of kings who was sacrifice for us all. "Hosanna in the highest heaven"

Amen

Contact:

admin@trinityatbowes.co.uk - 020 8888 2797 - 07484 309301 - www.trinityatbowes.co.uk - Facebook: TaBChurch

PASTORAL



If you would like news items, prayer requests and or celebrations to be included in the Newsnotes Please send an email to revsam@mail.com before 6.00pm every Wednesday.
Pastoral Sec. Tony Addo – Anthony.addo54@gmail.com

O God our heavenly Father, as our United Kingdom continues with our restricted lockdown, we continue to seek your strength and courage for the days ahead.

God, this week we lift up the people of TaB, the families, friends and those who have asked us to pray for them. Help them to find ways to know that you love us all and consider each one of us important and a part of your creation. Pour into our lives your Holy Spirit to take away our worries, sickness and fear.

We pray for: those who are unwell, for those who are “staying safe” in their homes alone, for those working in care homes as well as the residents. We also pray for parents who struggle; juggling the pressures of work and home schooling, or those whose work puts them in the front line of risk.

We offer new prayers for: Carers who are looking after the sick, especially for those looking after Diane Howard (sister of Peter Godfrey) who is seriously ill at home.

We continue to pray for those who continue to need God’s grace and healing:

Elizabeth Arnold, Joyce Beaumont, Barbara Biggs, Iris Branch, Christina Cabrera, Dorothy Campbell, Yvonne Jordine, Rhona Knight, Yvonne Obeng, Hope Siwela, Victoria Sibanda, Elizabeth Takaedza, Charles & Elizabeth Dadey, Barbara McNally (Lewent), Christine (Linda Dawson’s sister), Catherine Smith, Nick (friend of Francis Branch Thomas & the family of Roy Mdudu, the family of Bob Barker and Steve & Francis for the loss of his aunt.

We pray for the families of those who have died recently: including the families of Barbara McNally (previously Lewent) who died last week and also the family of Cathy Riley who also died on 24th March.

Dear God hear our prayers. Amen

Birthdays & Anniversaries

Happy Birthday to our friends who may be celebrating a birthday this week

Xavier Philips 30th March

May God grant you overflowing joy, abundant opportunities, and a shower of blessings.
Happy Birthday!

To all who have Anniversaries this week.

May your marriage continue to be blessed with love, joy and companionship all the days of your life.

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Remembering our friends and loved ones



As we are not in the church building and enjoying the flowers, we felt it is still important to remember our dearly departed. Where we would usually have flowers in church in their memory, instead, we will still remember them. Let Peter know if there is any dearly departed loved one that you would want remembered.

Cathey Riley & Barbara McNally (previously Lewent)

Donations that would have gone to the flower fund, will instead be used for the church garden project. Please send payment to the Tab bank account detailed on the next page, with a reference "Garden"

Live worship in our church building



Sunday 28th March: Palm Sunday. We are holding a full one-hour service, which will also be broadcast on Zoom.

Thursday 1st April: This is Maundy Thursday. We are having a communion service from 7pm on Zoom. *consecrated elements are available for those who request*

Good Friday 2nd April: 30 min Meditation at 10:30am

Easter Sunday 4th April: Family Service from 10:30 including Communion

Note: We are decorating the Church for Easter and need lots of artificial / natural flowers and some plants. If you have artificial flowers and plants can we please borrow them? We will be happy to collect them from you or you could bring them to Church on Saturday April 3rd, 2021 between 10am and 1pm.

The Zoom link is: <https://us02web.zoom.us/j/9928297354?pwd=TjdiSG40ZG5YbUVLaXBFL0RjRGZ5dz09>
ID- 992 829 7354 Passcode- 518822

Catherine Riley or Cathy, as she was known among us has been an outstanding member of TaB ever since she became a member in the early 1980s. She served as a Senior Church Steward and was also a member of the Property and Finance Committee.

She was a much-loved member of TaB. A gentle and sociable Christian whose skills were displayed through her dedication and contributions to TaB over the years.

On Wednesday 24th March 2021, she was called home. May she rest in peace & rise in glory. We will continue to hold Cathy's son Franklyn and her family in our prayers. Her funeral arrangements will be notified later.



Circuit Lent study

We continue our Circuit Lent worship and study on Sunday evening at 6pm. The room will be open from 5.45pm to allow people to see one another and chat together.



Join Zoom Meeting

<https://us02web.zoom.us/j/87240918026?pwd=ckpydXFCc2JhZ1paTm1CYXJtVm9jdz09>

Meeting ID: 872 4091 8026 Passcode: 299877

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Church News and Centre Plus

During this Lockdown 3, Trinity at Bowes buildings is tentatively re-opening for worship in person, however worship will still be taking place through the New River Methodist Circuit - Online Church

Available on Facebook OR search You Tube for New River Methodist Circuit. Alternatively, you can use the link on our website's Home page of <http://trinityatbowes.co.uk>

<u>Streaming Schedule for New River Methodist Circuit Online Church</u>			
Day(s)	Time	Online Event	
Monday - Saturday	8.00 am	Thought for the Day	<i>Pre-recorded</i>
Monday - Saturday	9.00 am	Morning Prayers	<i>Live</i>
Saturday	10.30 am	Virtual Coffee Morning	<i>Live</i>
Sunday	10.30 am	Sunday Circuit Service	<i>Pre-recorded</i>

TaB church: Worship on Wednesday

Every Wednesday at 5pm-
As our building is closed, but our worship is growing week by week
Worship & Interactive Bible study.



Join via Zoom

<https://us02web.zoom.us/j/9928297354?pwd=TjdiSG40ZG5YbUVLaXBFL0RjRGZ5dz09>
Meeting ID: 992 829 7354 - Passcode: 518822

WORSHIP
ON
zoom

TaB Church Face Book

"Like" our Facebook Page and receive regular inspirational updates



TaB Sunday School Resources

Updated every Saturday and ready for use from the Sunday following



TaB Bank Account Details

Should you wish to make your offertory or a donation here are our details:

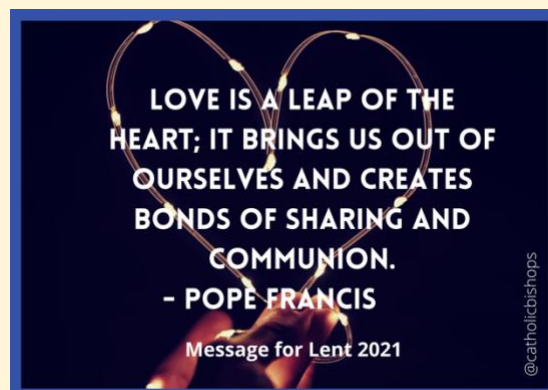
Account Name: [Trinity at Bowes Methodist Church](#)

Account no: [92883701](#) **Sort Code:** [09-01-55](#)

Please ensure you use your name as the payment reference



Local Elections are coming in May. Stay safe – register to vote by post



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