

## What TaB Centre Plus stands for

### **Our vision**

We want to see a thriving local community in which individuals are able to develop their personal potential and engage with people of different ages, cultures and interests. We want to see people take responsibility for their lives by engaging in social, political and community activity.

### **Mission**

We will provide accessible, high quality facilities, activities and projects in order to:

- meet the changing needs of the local community;
- develop individual and community potential;
- raise people's aspirations and improve their ability to achieve them;
- improve the health and wellbeing of the local community.

### **Aims**

To assist the local community in regularly identifying its needs and to respond to those needs in practical ways through the provision of high quality facilities, activities and projects.

To engage with the local community in order to increase social inclusion and develop services to support those who are most in need.

To enable local people to improve their sense of wellbeing through personal development, exercise, gaining skills and building relationships with others.

To run a quality assured Volunteering Programme that supports the running of the centre whilst increasing the skills and experience of individual volunteers.

To increase our long-term sustainability through income diversification, regular policy and practice reviews, and strategic planning involving all our stakeholders.

To work in partnership with others, whenever possible, and to proactively seek partners for projects and activities. In particular, we will continue to work in close partnership with Trinity-at-Bowes Methodist Church.

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### **Our Values**

#### **Caring**

Everyone is important and deserves care and attention. We hope to develop links with each individual in order that we can better meet their needs.

#### **Learning**

We believe that learning is an ongoing, two-way, life-long process. We seek to learn from the experience of those we work with and to provide learning opportunities through involvement in the centre's life, activities and projects.

#### **Holistic approach**

We believe that a person gains a sense of wholeness when the needs of body, mind and spirit are met. We will develop programmes that increase aspirations, encourage personal development, and build self esteem.

#### **Inclusive**

We believe that difference is a good thing and want volunteers, staff, trustees and clients to be representative of the society in which we live. We welcome anyone who would like to take part in our activities and projects and who accepts our policies and values.

#### **Mutual respect**

We believe that people should respect each other, listen to each other, and seek understanding of each other. We will provide a safe, secure and friendly environment which encourages cooperation and personal integrity.

## What TaB Centre Plus stands for

### Strategic Objectives

**To assist the local community in regularly identifying its needs and to respond to those needs in practical ways through the provision of high quality facilities, activities and projects.**

We will do this by, for example:

- undertaking regular surveys of residents, businesses, clients and school students in the neighbourhood through established groups, surveys, online surveys and one-to-one conversations;
- seeking local partners to work on the identified needs and considering together how best to finance and deliver activities and projects to meet them;
- ensuring our sports hall, changing rooms, IT suite, music recording studio, performing arts studio, training and conference room, coffee bar, kitchens and meeting rooms are in excellent condition and available for use at all times;
- responding to external agencies and partners who contact us to work in partnership on projects that fit our mission, vision and aims.

**To engage with the local community in order to increase social inclusion and develop services to support those who are most in need.**

We will, for example:

- do this in partnership with others who can provide expertise in specific areas, such as our partners in the *myplace* Youth Project: Tottenham Hotspur Foundation, Metropolitan Police, London Borough of Enfield and Southgate College;
- promote and advertise our services in the local area through current client groups, local community groups, schools, colleges and businesses;
- provide opportunities for people to meet socially, to meet and speak to local politicians, to learn about health services and access to health care and to meet police community support officers;
- take action to further links and build a relationship with our neighbouring Borough of Haringey, in order to deliver services to their residents who are on our doorstep, including registering and monitoring contracts on the CompeteFor procurement portal.

**To enable local people to improve their sense of wellbeing through personal development, exercise, gaining skills and building relationships with others.**

We will, for example, host activities such as:

- workshops about healthy eating, healthy lifestyle choices and cooking nutritional meals on a budget;
- IT classes and a home work club in our IT suite;
- Sports for all people (climbing wall, table tennis, trampolining, 5-a-side football, volleyball);
- Performing Arts activities (music, dance and drama);
- A mentoring programme for young people;
- Intergenerational activities.

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### **To run a quality assured Volunteering Programme that supports the running of the centre whilst increasing the skills and experience of individual volunteers.**

We will, for example:

- maintain our Investing in Volunteers quality assurance kitemark;
- recruit, induct and train volunteers for specific roles with specific skill requirements;
- encourage informal expressions of interest from young people in order to identify their skills and development needs, and to provide a volunteering opportunity;
- advertise volunteer opportunities widely to all sections of society through a range of brokers, our website and other volunteering websites;
- include volunteering costs in our project budgets in order to cover volunteer expenses and the cost of administering the programme;
- continue to monitor and evaluate the programme in order to continually improve our practice and adapt to current needs.

### **To increase our long-term sustainability through income diversification, regular policy and practice reviews, and strategic planning involving all our stakeholders.**

We will, for example:

- continue to convene an income generation group that oversees budgeting for projects, staffing and activities, grant application writing, donations, sponsorship, lettings and trading income;
- review our policies and practice to ensure they meet legal requirements and provide a sound working structure for the management of the premises. This includes providing an employee handbook, volunteer agreements and lettings agreements;
- ensure communications between trustees, staff and volunteers are regular and keep stakeholders informed about key decisions, policy updates and external trends;
- aim to generate sufficient income to employ a Centre manager to oversee the smooth running of the centre, a Volunteer Coordinator to oversee the Volunteering Programme, a Children's Centre manager to oversee delivery of services for adult carers/parents and children aged 0-5, a Youth and Community Programme manager; a finance officer to manage day-to-day financial accounting and financial reporting for the centre;
- hold regular trustees' meetings, centre management committee meetings and an annual general meeting;
- continually monitor and evaluate TaB Centre Plus activities and quality standards in order to adapt and improve.

### **To work in partnership with others, whenever possible, and to proactively seek partners for projects and activities. In particular, we will work in close partnership with Trinity-at-Bowes Methodist Church.**

We will, for example, provide:

- a day nursery for children from 3 months to 5 years old;
- a Children's Centre for 0-5s and their carers;
- a *myplace* Youth Project for those aged 11-19;
- a Volunteering Programme for all ages;
- rooms and facilities for hire for events and community activities;
- an intergenerational project.